Leisure

Many people use their leisure time for their hobbies. Leisure activities are important. Today we have more spare time at our disposal than people did in the past. All of us need a change from our everyday routine, so leisure is a problem. Recreation is essential and we cannot spend our lives working. Many different leisure activities are available today. Some people do not have a hobby at all but many people enjoy physical recreation. They play football or tennis or they go fishing or dancing, for instance. Others like intellectual recreations. They listen to music or read or go to the cinema or the theatre, for example.

People nowadays are spending less time at work; the working week is shorter and will probably be reduced further in the future. They have more free time as a result and they must think seriously about how to use it too. Some people enjoy relaxing without indulging in any precise activity, but a wide range of pastimes is available to us today. The quality of our lives and our personal well-being can be improved by that. The Romans used to talk about the necessity of “a healthy mind in a healthy body” and this is still true today.
The joys of flying

I was going to London. By the way, it wasn't my first trip to England, though it was my first flight. To begin with, I had planned going by train and boat; then, I heard about this charter company, their great service, their competitive fares, their modern fleet... in a word, the usual advertising "blurb". So, I booked with them. Well, when I got to the airport, what a shambles! In the first place, there was a problem with my ticket, and to crown it all, the Passport Officer said I didn't look like the photo on my identity card. To cut a long story short, I eventually got to the Departure Lounge, but my troubles weren't over! First we were told our plane had engine failure, then, weather conditions weren't favourable, and, on top of that, the Air Traffic Controllers were on strike. So, all I could do was sit around and wait. What's more, they didn't even think of the passengers' comfort - I mean, they could have given us a coffee or something.